Maura A. Bernardo, MSN, APRN, CPNP

1147 Old Fritztown Road

Sinking Spring, PA 19608

609-509-0058 maurnardo@gmail.com

**Education**

**The Catholic University of America,** *Washington, DC* 2006

 Bachelor of Arts in Psychology

**Columbia University,** *New York, NY*  2007

 Bachelor of Science in Nursing

**Columbia University,** *New York, NY* 2010

 Master of Science in Nursing

**Professional Experience**

**A.I. DuPont Hospital for Children, Nemours,** *Wilmington, DE* August 2017 – present

***Certified Pediatric Nurse Practitioner/Advanced Practice Registered Nurse, Division of Neurology***

* Obtain a comprehensive developmental, health, and medical history
* Perform physical examination based on age and history
* Order and interpret age-appropriate and condition-specific screening tests, laboratory tests, and diagnostic procedures
* Systematically compare and contrast clinical findings in formulating differential diagnoses related to neurological conditions
* Assess and diagnose childhood illnesses, including chronic and acute conditions, or any other condition that is within the expertise and knowledge of the APRN
* Participate in the formulation of a holistic plan of care
* Consult with other health care providers as necessary
* Coordinate care and make appropriate referrals
* Maintain appropriate and necessary documentation within the medical record
* Perform inpatient consultations in collaboration with the attending MD as needed for headache consults 2 days a week and if needed to cover
* Perform Botox injections for migraine patients
* Organize and follow patients admitted to Day Medicine for IV migraine protocol
* Admit and discharge long term monitoring EEG patients once a week
* Receive and handle provider line calls from outside the hospital to our division once a week on call
* Collaborate in research projects

**Morris Heights Health Center,** *Bronx, NY* August 2014 – February 2017

***Certified Pediatric Nurse Practitioner, School Based Health Clinic***

* Comprehensive primary care services for children ages 10-16 including yearly physicals, immunizations, laboratory testing, sick visits, obesity follow ups, asthma follow ups, referrals, and management of chronic illnesses
* Oversight of medical assistant, collaboration with social workers, school staff, and ancillary staff
* Developed templates for new electronic medical record system used across the agency
* Developed worksheets for conversions from ICD9 to ICD10, and assisted in making the employee handbook
* Oversaw two PNP students per year
* President of the Greater NY chapter of NAPNAP 2015-2017
* Per diem work as a PNP for the main clinic site for MHHC, patients birth to age 22

**NYU Lutheran Medical Center,** *Brooklyn, NY* August 2010 – August 2014

***Certified Pediatric Nurse Practitioner, School Based Health Clinic***

* Comprehensive primary care services for children ages 2-13 including yearly physicals, immunizations, laboratory testing, sick visits, obesity follow ups, asthma follow ups, referrals, and management of chronic illnesses.
* Oversaw one Medical Assistant as well as one clinical PNP student a semester
* Collaborated with social workers, guidance counselors, and other school staff
* Per diem at multiple primary care clinics under NYU Lutheran covering all age ranges of pediatric patients, ages birth to 22

**Sunrise Day Camp,** *Wyandanch, NY* August 2015

***Registered Nurse, Summer Day Camp***

* Part time RN for day camp for children and their siblings who have or have had cancer
* First aid for patients at camp, administered medications required while at camp

**Incarnation Children’s Center,** *New York, NY* May 2009 - 2013

***Registered Nurse, Long term care facility for children with HIV/AIDS***

* Responsibilities including caring for children with HIV/AIDS and comorbid mental health conditions, medication administration, assessment, planning, charting, managing, and educating
* Oversaw 3-7 certified nurse assistants per shift
* Taught patients how to self-administer their medications so they may rejoin their families and be able to take responsibility for their own care.
* Deescalate patient’s behaviors and reinforce good behavior.

**A and T Agency,** *New York, NY* February 2009 – June 2009

***Registered Nurse, Home Care***

* Home care nursing responsibilities included caring for one patient with Spinal Muscular Atrophy Type I and gun-shot wound survivor with paralysis.
* Ventilator maintenance, tracheostomy suctioning, g-tube feeds, toileting needs, oral care, and positioning.

**Dinakar Singh and Loren Eng,** *New York, NY* May 2008 – November 2008

***Registered Nurse, Private Home Care***

* 48 hour weekend nursing care for an 8 year old female with Spinal Muscular Atrophy Type III.
* Care included assisting child with activities of daily living such as bathing, toileting, ambulating, eating, administration of medications, use of cough assist machine and spirometer twice daily, physical therapy stretching exercises.
* Care coordination between a multidisciplinary team of nurses, doctors, therapists, care takers, and family.

**Professional Certifications**

* Delaware State Advanced Practice Nurse
* Pennsylvania State Advanced Practice Nurse
* New York State Pediatric Nurse Practitioner
* PNCB – national certification expires February 2023
* Pediatric Advanced Life Support (PALS)
* Basic Cardiac Life Support (BLS)

**Professional Organizations**

* National Association of Pediatric Nurse Practitioners (NAPNAP) 2008 – Present

-Chapter president of the Greater NY Area from 2015-2017
-Chapter secretary of DelVal 2021-current

* National Health Service Corps 2010 – 2017
* American Association of Neuroscience Nurses (ACNN) 2017 – Present

-Communications Chair 2017-2019

**Awards and Honors**

* Rudin Scholar, May 2008

**Recent Professional Activity**

* *Preceptor:* Columbia University Pediatric Nurse Practitioner Program
* *Preceptor:* Drexel University Nurse Practitioner Program
* *Preceptor:* University of Pennsylvania Nurse Practitioner Program (Clinical Associate)
* *Contributor:* Case study for publication in the book, Cases in Pediatric Acute Care
* *Contributor:* Use of Cefaly Device in Abortive Migraine Care in Children (presented at ACNN 2019 by colleague Tara Pezzuto)
* *Contributor:* Use of CGRP Medications in Pediatric Migraine over the age of 16 (future study)
* *Co-*investigator: Retrospective Chart Review for Pediatric Migraine Management (Investigator Tara Pezzuto, DNP)
* *Lecturer:* Headaches in Children April 2019 for APRN Lecture Series for APRN’s at Nemours
* *Lecturer:* Neuropsychiatric Abnormalities in Children July 2018 for APRN Fellow Program at Nemours
* *Lecturer:* Tics and Tourette Syndrome January 2021 TJU
* *Lecturer:* Non-pharmacologic Treatment of Headache in Children for Miles for Migraine May 2021
* *Lecturer:* Migraine Pharmacology Treatment for NAPNAP DelVal January 2022
* *Organizer/Volunteer:* Epilepsy Awareness Day 2018-current
* *Organizer/Volunteer:* Nursing Research 5K 2019-current
* *Organizer/Volunteer:* Miles for Migraine Camp 2020- current
* *Organizer/Volunteer:* Setting up Neurology Grand Round speakers 2020-2022